

FORSYTH SENIOR CITIZEN CENTER

July 2019						
◀ Jun 2019					Aug 2019 ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 8:00 EXERCISE 9:00 ARTHRITIS CLASS DECORATE CENTER	2 1:00 COUNTY COUNCIL ON AGING MEETING	3 8:00 EXERCISE 9:00 YOGA 12:30 CASH BINGO	4 CLOSED!	5 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	6
7	8 8:00 EXERCISE 9:00 ARTHRITIS CLASS TRIP TO COLSTRIP	9 MONTHLY BIRTHDAY PARTY 1:00 LINDA WOLFF FROM ACTION AT CENTER	10 8:00 EXERCISE 9:00 YOGA	11 CASH BINGO!	12 8:00 EXERCISE 9:00 ARTHRITIS CLASS TRIP TO ART MUSEUM SUMMERFAIR	13
14	15 8:00 EXERCISE 9:00 ARTHRITIS CLASS 12:30 CORN HOLE	16 FOOT CLINIC 12:30 CRAFTS	17 8:00 EXERCISE 9:00 YOGA 12:30 PETS TREATS BAKING	18 CASH BINGO!	19 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	20
21	22 8:00 EXERCISE 9:00 ARTHRITIS CLASS TRIP TO COLSTRIP	23 TACO TUESDAY CARD SOCIAL	24 8:00 EXERCISE 9:00 YOGA	25 10:00 TRIVIA CONTEST CASH BINGO!	26 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	27
28	29 8:00 EXERCISE 9:00 EXERCISE	30 12:30 MOVIE PARTY	31 8:00 EXERCISE 9:00 YOGA	ALL ACTIVITIES ARE SUBJECT TO CHANGE AND MORE ACTIVITIES WILL BE ADDED DURING THE MONTH!		